

Supported by *ECHELON* Cycles of Pershore (PROMOTED FOR AND ON BEHALF OF CYCLING TIME TRIALS UNDER THEIR RULES AND REGULATIONS)

SATURDAY 1st APRIL 2023, STARTING AT 14:00 HRS **COURSE K47/15, CASTLEMORTON**

EVENT ORGANISERS:

Mike Amery, 18 Giffard Drive, Welland, Worcestershire WR13 6SE Tel: 01684 310168 mikeamery58@gmail.com Steve Wood, Tel: 07792 254203 woodsteve@hotmail.co.uk

TIMEKEEPERS: Mrs Susan Kelly and Mr Charlie Barnett

EVENT HEADQUARTERS: Welland Village Hall WR13 6NE, at the crossroads of the A4104 and the B4208. Hall open from 12:30 hrs.

COURSE DETAILS:

Start on B4208 at entrance to Broatch Farm approx 400m north of Welland church. [Keep off the road while waiting to start] Proceed south on B4208 through Welland village.[Take care through staggered crossroads and past parked cars] Turn left at Rye Cross junction onto A438 towards Tewkesbury (3.43 miles).

Turn left at Long Green junction with B4211 towards Upton upon Severn (8.58 miles).

Proceed through Longdon and turn left at Tunnel Hill junction with A4104 [take care] (13.03 miles) and proceed to Welland. Finish opposite a field entrance with a metalled gate, adjacent to a telegraph pole marked 2A and approximately 50m beyond Hook Grange cul de sac (15.03 miles).

NOTES:

- Please do not attend the race if you have Covid symptoms or have recently tested positive.
- When you sign on, please indicate whether you are riding for the VTTA or BMCR for the team prize (if you are a member of both, you can choose which you ride for), and whether you are riding a road bike*.
- Under CTT rules, your bike must be fitted with working rear and front lights, and you must wear a safety helmet which conforms to a recognised standard.
- Please do not use the course to warm up once the event has started. No U-turns in sight of the start or finish.
- Give way to traffic at junctions where you do not have right of way. Marshals have no authority to stop traffic.
- Please return your number to the event HQ and sign out.

PRIZES:	1 st	2"	3 ¹⁴
Men on actual times	£30	£20	£10
Women on actual times	£30	£20	£10
Vets on Age Adjusted Times	£30	£20	£10
Road bike* on Age Adjusted Times	£20 Voucher	£10 Voucher	
Tricycles on actual times	£15		
3-up team on actual times (each)	£15		
3-up team on Age Adjusted Times (each)	£10 Voucher		

Team Prize (The Welland Trophy) based on best 8 results (7 solo and one team) on Age Adjusted Times from VTTA and BMCR members

- £10 per rider (this formula may be changed on the day depending on numbers riding)

One prize per rider, except for team prize

*Road bike is defined as: wheels no more than 65mm section, no aero bars, no pointy hat. VTTA Age Adjusted Times have recently replaced Vets Standards, but are based on the same data. There will be a prize presentation approx 15 minutes after the last rider finishes. Please stay for it if you can.

The Veterans Time Trials Association was founded in 1943 and is for anyone 40 years of age and over who has an interest in cycle racing, and specifically in time trialling. For administration the Association is divided into 16 groups, based around geographical areas. Through these groups the VTTA organises time trials at all distances across the country. There are Individual Challenges, National Competitions, Local Competitions, and Social Events.

British Masters Cycle Racing was founded as the League of Veteran Racing Cyclists in 1986 to provide a programme of competitive and social cycling events for male and female members of 40 years and over. Most of its events are road and circuit races where riders compete against others in their own age group. Other events include time trials, track competitions, MTB and cyclo-cross races. National Championships are held in all these disciplines, as well as a national season-long series of road races.

The Welland Trophy time trial was first run in 2015 and was the first event run jointly by the LVRC and VTTA in order to bring our members together in a competitive event, and to understand better each other's organisations and activities.

With thanks to members of VTTA Midlands, Team Echelon, and other friends, for timekeeping, marshalling and other help.